DELHI PUBLIC SCHOOL, MATHURA ROAD JUNIOR SCHOOL CLASSES (I-V) NEWSLETTER - DECEMBER'2019

Dear Parents,

AWAKEN THE GREATNESS WITHIN

"SELF-DISCIPLINE is the magic power that makes you virtually unstoppable...."

It's an incredibly practical life lesson for our children to develop. Self-Discipline is the key which will help them remain focused in today's world of internet where everyone has access to everything with just a click of a button.

It's a fact that children who learn self-discipline are better equipped to deal with life's challenges, manage their stress, and make healthy choices even when elders are not around.

WAYS TO BUILD SELF-DISCIPLINE IN CHILDREN

- **♣** Teach self-discipline at an early age.
- **♣** Be a role model!
- ♣ Encourage them to take on activities that require self-discipline.
- ♣ Have rewards, consequences, and rules.
- **♣** Forgive and move forward.

By encouraging possession of this skill in them we will make them achieve their goals......

(Ranjana Dean) Headmistress



ACTIVITY SCHEDULE - DECEMBER 2019					
Date	Clas s	Activity Description	Materia ls Require d	Learning Outcomes	
3.12.19	I and II	INTERNATIONAL DAY OF PERSONS WITH DISABILITY Gratitude Tree Each student will draw a tree on a coloured A4 sheet. They will pen down three things they are grateful for and paste on that tree. Videos will be shown. My Abilities Each student will write down two abilities that make them unique from the rest of their friends. They will describe and write an adjective starting with the first alphabet of their name. Class will be divided in 5 groups. Each group will research on a celebrity with disabilities who made it big in their lives. They will discuss about them in the class.	A coloured A4 sheet, colours, sketch pens,chit s and fevistick.	Gratitude is strongly and consistently associated with greater happiness. Gratitude he lps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships.	
05.12.19	V	WORLD SOIL DAY "Be the Solution to Soil Pollution" With this theme the children of class V will write slogans on the topic "Stop soil pollution."	A coloured A4 sheet, Sketch pens and colours.	To make children aware of a few facts. The day is observed annually to highlight the importance of healthy soil and advocate for the sustainable management of soil resources. As pollution rises across the world, the soil is also getting affected. Around one-third of global soils have already degraded. Soil pollution can be invisible and seems far away but everyone everywhere is affected due to it.	

Date	Clas s	Activity Description	Materia ls Require d	Learning Outcomes
09.12.19	I-II	INTERNATIONAL ANTI CORRUPTION DAY International Anti-Corruption Day has been observed annually, on 9 December. Children will talk about values and good deeds. They will come forward and speak about good moral values which can change the society if inculcated in every human being.		To raise public awareness for anti-corruption, it is important to talk about values on a daily basis.
10.12.19	III	INTERNATIONAL HUMAN RIGHT DAY Fishing for Rights The children will be asked to name some rights and list them on a large piece of paper. They will underline a key word in each right from this list of rights in one word: Dignity Education Equality Food Freedom Home Love (from parents) Name Nationality Opinion Participati on (in decisions that affect us) Play Protection R eligion They will make small chits with these words written on them along with some other words. All the chits would be put in a box. The teacher will call out children one by one to pick a chit. Each correct pick will be rewarded with an applaud.		To make the children aware of the human rights in a play way method.

Date	Class	Activity Description	Materials Required	Learning Outcomes
16.12.19	I-II	CHRISTMAS DECORATION Making colourful cards Children will make beautiful Christmas cards and decorate the Christmas tree in their classrooms. They will make small decorative items with the origami sheets and gift these to their friends.	Origami sheets, colours, sketch pens, decoration material and a fevistick.	Christmas is celebrated to remember the birth of Jesus Christ. It is a very colourful festival and all the children enjoy it as they are excited to receive presents on this day. To make it more meaningful children will be guided to bring happiness on the faces of underprivileged children by giving them presents on this day. This will inculcate the habit of helping others in them.