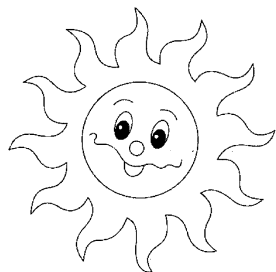


1st February, 2019



Dear parent,

The month of February heralds the season of spring, with the blanket of cold lifting up to let the warm rays of the sun shine through. There's a fusion of colour all around with flowers blooming and fresh grass raising its head. The little ones too are blossoming into young, confident achievers with each passing day and to see them so, fills our hearts with pride.



The Etiquette Week and the Republic Day assembly were the highlights of last month. The etiquette week helped focus on developing good manners in our little ones for their holistic development, whereas the Republic Day aroused the spirit of patriotism and respect for our nation in the little ones. There was a class discussion about the Republic Day parade held each year at Rajpath creating awareness and enthusiasm about this important day.

Activities for the month

SPORTS WEEK -11th – 15th February 2019

Children and sport– it's a great combination. Playing sport helps children build healthy minds, healthy bodies, develop bonds, team spirit, friendships, have fun, learn about fair play, improve self-esteem and life skills. Sport can give a child the chance to learn about being part of a team, winning well, bouncing back from a loss and coping with unpleasant experiences like injury..Sport also teaches children about **how important it is to work hard**, even if this doesn't always mean winning.

It is important to remember that the attitudes and behaviour taught to children in sports carry over to adult life. In our endeavour to ensure fun coupled with learning Sports Week will be have a combination of fun and exhilarating activities for our little ones.



Date	Activity	Material Required	Learning outcome
11 th February, 2019, Monday	<u>Lemon and Spoon Race-</u> Pre School <u>Cycle Race –</u> Pre-Primary	A lemon and a spoon (For PreSchool only)	To improve balance and motor coordination.
<u>12th February, 2019,</u> <u>Tuesday-</u>	<u>Cycle Race -</u> Pre School <u>Lemon and Spoon Race-</u> Pre Primary	A lemon and a spoon (For Pre Primary only)	Strengthening fine and gross motor skills.
13 th February 2019, Wednesday	Banana Race- Both Pre School and Pre Primary	One banana	To enhance alertness and speed.
14 th February 2019, Thursday	Adventure camp		
15 th February 2019, Friday	LETS KNOW OUR SPORTS STARS and Aerobics	CHILDREN TO COME DRESSED AS SPORTS PERSONALITY AND SPEAK A FEW LINES ABOUT THEM.	Enhance the confidence level of children and make them well aware of different sports personalities.

Story book of the month: we will continue with Goldilocks and three bears this month (for Pre – Primary only)