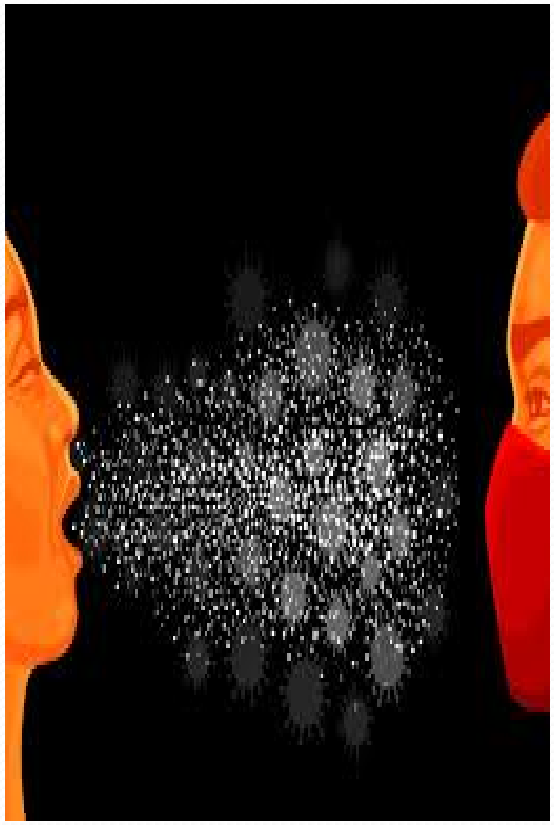
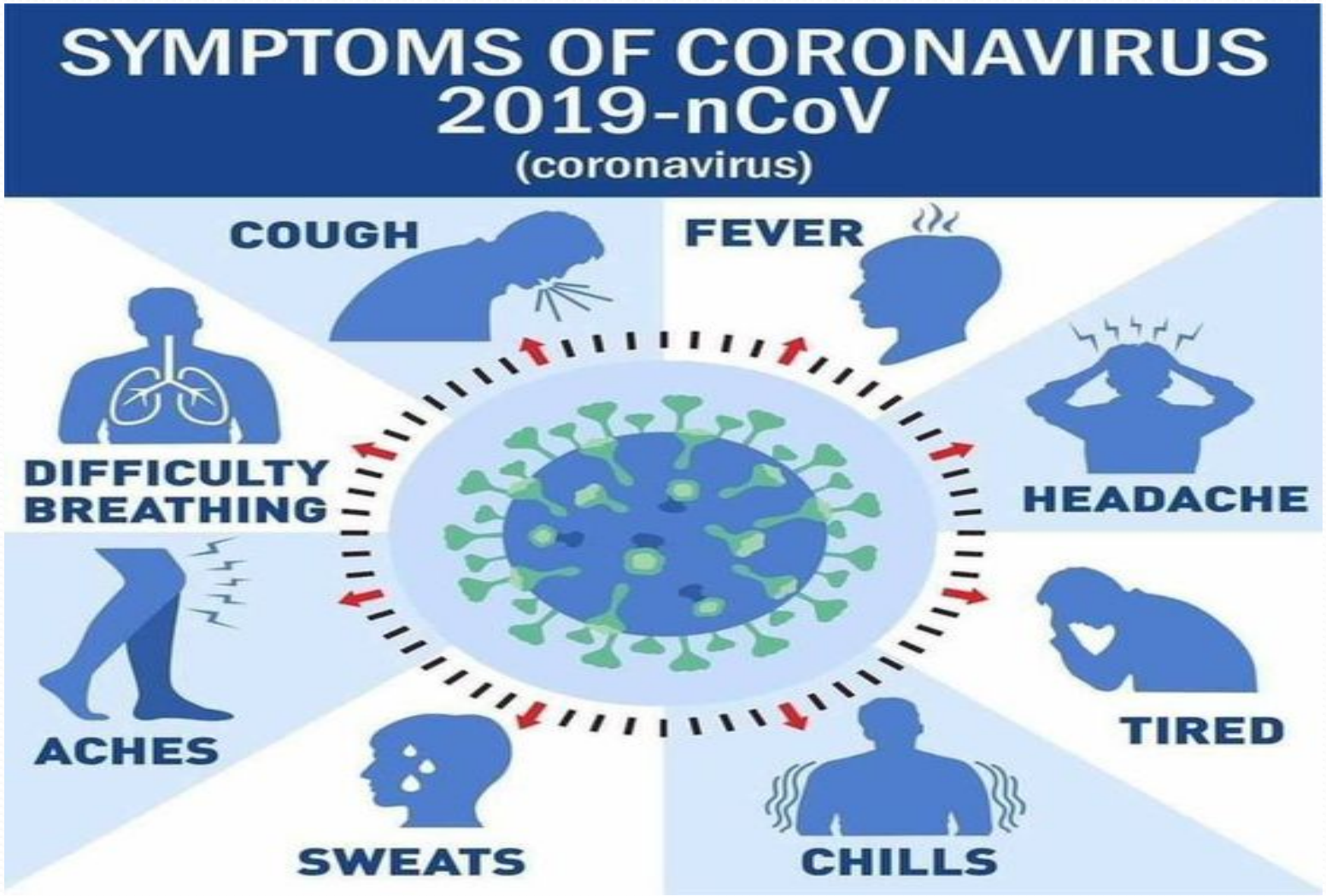
LEARN TO LIVE IN PANDEMIC (COVID-19)

UNDERSTANDING NOVEL CORONA VIRUS

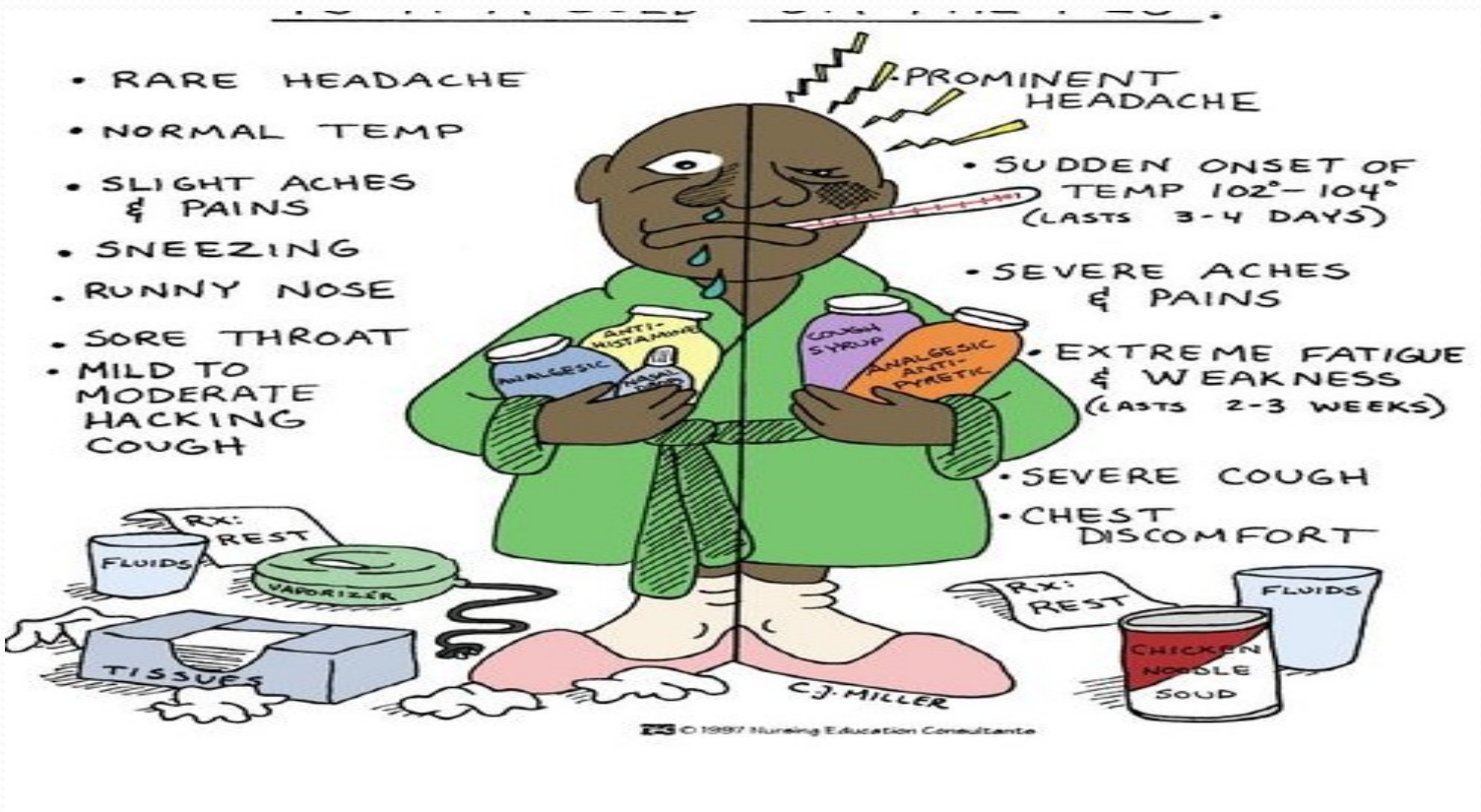


- Corona virus (COVID-19) is a infectious disease by virus which is newly discovered. **Corona virus can infect people and then spread between people.**

VERY IMPORTANT TO KNOW


SYMPTOMS OF CORONAVIRUS
2019-nCoV
(coronavirus)
COUGH
FEVER
DIFFICULTY BREATHING
HEADACHE
ACHES
TIRED
SWEATS
CHILLS

UNDERSTANDING COMMON COLD & FLU AND CORONA SYMPTOMS



HOW TO PROTECT YOURSELF

WAY TO-WASH YOUR HAND

HAND WASHING CLIP BY KIDS

ALWAY COVER WHILE COUGH & SNEEZE

AVOID TOUCHING YOUR FACE

WEAR FACE MASK

KEEP SOCIAL DISTANCING

- Avoid Hand shakes
- Avoid hugs
- Avoid sharing food and other belongings
- Avoid gathering or grouping

NEW GREETING GESTURES

- DO ELBOW BUMP
- FOOT BUMP
- WAVE YOUR HAND
- SALUTE YOUR FRIENDS
- BOW TO EACH OTHER
- DO AIR HUG

AT LAST...

CARE YOURSELF AT HOME TO STAY FIT

FOLLOW –THE NEW NORMAL

CONSULT US- IN NEEDS

CONTACT US – FOR ANY QUERY / MORE INFORMATION ABOUT CORONA PREVENTIONS

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Stay strong!
Stay positive!
Stay healthy!
STAY HOME!

Thank you!